

For Whom? Anyone with :-

High blood pressure



High cholesterol



Family history of heart disease



Overweight or obesity



..... Pre-diabetes or diabetes



..... Smokers and tobacco chewers



..... Past history of Pregnancy Induced hypertension



..... Sedentary lifestyle

Why @ PSG?

- ❖ Multidisciplinary team
- ❖ Holistic approach
- ❖ Robust assessment
- ❖ Personalized care and follow up

Introducing for the first time a comprehensive package which includes



- ❖ CT Coronary Calcium
- ❖ ABI Measurement
- ❖ CIMT Test
- ❖ Pulse Wave Velocity
- ❖ Endothelial Assessment
- ❖ Cardio Pulmonary Exercise Test



PSG HOSPITALS

Peelamedu, Coimbatore - 641 004

Department of Cardiology



Heart Health Check-up

PEARL CLINIC

Prevention and **EARLY** detection of Cardiovascular and other **Lifestyle** diseases by **Novel** methods and **Integrated** care & **Continued** care

Together we can save our hearts ...

Eat More



Exercise More



Enjoy More



HEALTHY HEART



Please contact : **PEARL CLINIC**
B-Block, 4th Floor

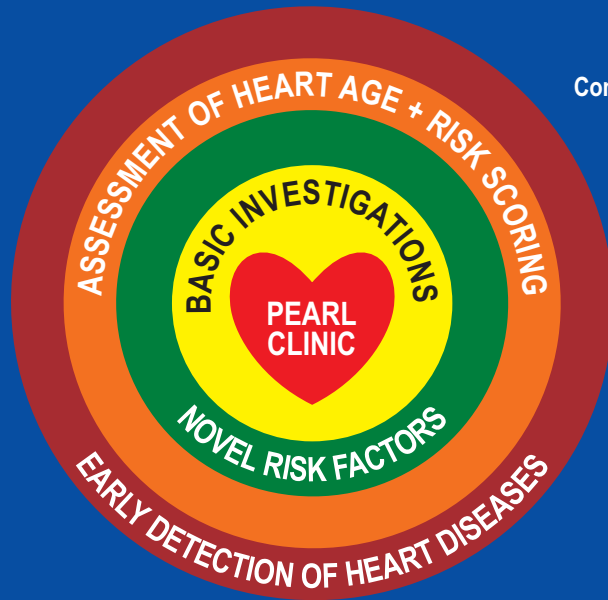
PSG HOSPITALS

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ASSESSMENT METHODS



DIET
Complete Nutritional Assessment
Individualized Diet Prescription



PHYSIOTHERAPY
Exclusive Fitness Evaluation
Specialized Exercise Prescription

YOGA
Heart healthy Yoga
and Pranayama



POSITIVE PSYCHOLOGY
Mindfulness and
Stress management

EVIDENCE BASED PREVENTIVE CARE

PACKAGES

Instructions

- ❖ Book your appointment in advance
- ❖ Report by 8.00 am with overnight fasting
- ❖ Bring your previous medical records and latest prescription
- ❖ Food and refreshments will be provided here.
- ❖ Kindly bring your spouse / mom or whoever cooks for you at home.

BASIC
18+ Test
@ ₹ 5,800/-

Comprehensive
25+ Test
@ ₹ 8,400/-

PREMIUM
28+ Test
@ ₹ 12,700/-

Additional Investigation for Women - Breast Arterial Calcification
@ ₹ 1,250/-

Screening for subclinical atherosclerosis
@ ₹ 4,400/-
(This test only for those who took blood test and other investigations priorly)

NO COST EMI
Facilities Available

For Registration
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To know more about
Package details
Scan the QR code

